

**Please sponsor me - I am running 6km through London in the
ABS / HOK Sport Fun Run on Sunday 22 June 2008**

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The ABS cares for 560 ill, elderly and disabled members of the architectural profession and their families. Visit www.absnet.org.uk to learn more.

giftaid it

Your donation could be worth more to the ABS with Gift Aid.

If you are a UK tax payer we can reclaim the tax on your donation; an additional 25p per pound donated. Please tick the Gift Aid box when filling out your details. Please be sure to clearly include your name, and house number and postcode as a minimum to allow us to claim. **Thank you for your support**

Registered Charity
no. 265139

Name	Address and postcode*	Amount £	Paid	Giftaid ✓	Send ABS News? Y / N
Runners Name:		Admin use: Totals for GA:			

* We need this to claim gift-aid. We will not disclose your details to anyone, and we will only contact you if you write "Yes" in the box to opt to receive our quarterly newsletter ABS News.